



# Safety Bulletin

## May 2017

“You have to learn the rules of the game. And then you have to play better than anyone else.” ~ Albert Einstein (on the ELD mandate – JK!) We’re working hard to get us in just the right position for later this year – stay tuned.

### Nicer Weather Equals More Congestion

More and more people are hitting the roadways for vacation destinations. Increase your following distance and plan ahead for increased traffic. You are the professional driver – maintain your lane and be extra cautious as the roadways fill. *Drive Safe!*

### TSA Warns – Stay Alert!

According to CCJ, the TSA has “issued warnings of the potential for terrorists to use trucks as weapons to conduct attacks”.

Read more at:

[www.ccjdigital.com](http://www.ccjdigital.com)

Stay alert and remember to:  
\*Report any and all suspicious activity to authorities (notify the carrier as well)

\*Park in secure, well-lit locations

\*Make sure your vehicle is always locked

\*Be aware of your surroundings at all times

\*Stay on route

**Stay Alert & Be Safe!**

### \*\*\*Don't Touch That Phone\*\*\*

The final rule prohibiting hand-held devices while operating a CMV went into effect Jan. 3, 2012. Violations can result in federal civil penalties of up to \$2,750 for each offense and disqualification from operating a CMV for multiple offenses.

#### Are wired or wireless earpieces allowed?

**Yes** – Wireless connection of the mobile to the vehicle for hands-free operation, which would allow the use of single-button controls on the steering wheel or dashboard, would also be allowed.

#### Is push-to-talk allowed?

**No** – the push-to-talk function on a cell violates the prohibition against holding a cell.

#### Can a driver reach for the cell even if intending to use the hands-free function?

**No** – if not close to the driver and operable while restrained by seat belts, the driver may not reach.



### Get Out & Stretch!

As we age, muscles tighten and range of motion can minimize. For truckers the sedentary job in itself can affect the body all over. Get some stretching in to keep those muscles loose! From the hips to the chest to the back of legs and neck/shoulders, you'll feel a difference. Take some time each day – your body will thank you! *Stretch*

### Going Through Idaho on a Permitted Load?

Just last month a driver was stopped in ID. The permit secured read “no escorts required” however the scale house at the POE stated otherwise. “If you can't see the truck mirrors from the rear of the load, an escort is required”. The trucker was parked until escorts arrived.

### Owner-Operator Quote of the Month

“I was on ELD with my last company and it's much easier than paper logs.”

~ Bobby Grooms  
Medallion Transport  
Owner Operator

Have Pics of Your Truck?  
*Send them to us so we can proudly share on the websites!*

### Roadcheck 2017 is ONE Month Away!

As a Reminder.....

CVSA's annual Roadcheck inspection blitz is scheduled for June 6-8, 2017.

This year, inspectors will be placing an emphasis on cargo securement highlighting the importance of it.

As always, make sure the load and all equipment is properly secured. Inspect tie-downs to check for wear and damage.

Violations related to cargo securement include:

1. Failure to prevent shifting/loss of cargo
2. Failure to secure truck equipment
3. Damaged tie-downs
4. Insufficient tie-downs
5. Loose tie-downs

**Double Bonuses for Clean!**

### FSMA - Food Safety Modernization Act

Just a reminder, if you haul (or plan to haul) food product, training is required under FSMA. Please contact Anita, Denise or AI for more information.

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